

Aftercare



YL

YOVANKA LORIA EXTENSIONS

The Basics

Your hair extensions can last up to 12 months - this can vary depending on how closely you follow the aftercare guidelines, your personal lifestyle and maintenance routine.

You must follow the specified heat styling guidelines including using the correct heat settings on styling tools and only use heat protectant products recommended by your YL certified stylist.

You should not use certain products or tools on your hair extensions such as Ghd styling tools and specified shampoos and treatments.

You must follow the 'Aftercare Plan' provided to you and seek continuous maintenance from a YL certified stylist. Following the specified aftercare and maintenance guidelines is essential in ensuring optimal results.

Please schedule your re-lift and colour appointments in advance at the recommended 6-8 weeks. Leaving your re-lifts any longer than this may compromise the integrity of the hair.

Always make sure your hair is completely dry after washing as any moisture can cause matting, especially before going to sleep. We recommend sleeping on a silk pillowcase with your hair in a low braid or

loose ponytail. Make sure to use a gentle elastic when pulling your hair up.

Always listen to your stylist's recommendations and replace your hair extensions when necessary. Colouring should only be executed with professional products by a YL certified stylist.

If the professional advice given by your YL certified stylist is not followed, you may compromise the integrity of the hair extensions and shorten its lifespan.

Washing

Washing your extensions once/twice a week is recommended.

- + Before showering, brush your hair thoroughly to remove tangles
- + Scrub your scalp with shampoo in between and around each row
- + Rinse thoroughly, repeat two/three times until shampoo lathers well
- + Use a moisturising treatment instead of a conditioner to prolong the life of your extensions
- + Apply only to mid-lengths and ends, brushing with a YL Detangler Brush and rinse thoroughly
- + Hydrate your extensions with a deep conditioning mask once or twice a month
- + After washing, apply leave-in conditioner

- + Brush hair with a YL Detangler
Brush once hair is rinsed and gently towel-dry.

NOTE:

Do not use purple shampoos - these will dry out your extensions and cause breakage, colour boosting conditioners or treatments are suitable.

Brushing

Always keep a firm grip on the base of the extensions so you don't pull unnecessarily on your extensions. When brushing, make sure the bristles are reaching the roots to ensure all wefts are being brushed thoroughly.

We recommend to:

- + Section hair and brush underneath of each row
- + Brush your hair throughout the day, we recommend brushes with boar bristles and nylon pins, as they help keep your hair smooth and shiny, and prevent split ends, breakage and dandruff
- + After exercise, make sure to re-brush your hair and if possible, blast-dry your extensions with a hairdryer, remove any moisture to minimise the risk of matting and tangling.

Blow Drying & Styling

After washing, squeeze out excess water and blot your hair dry with a towel - do not rub dry, leave wrapped in a towel or tie up when wet as this causes friction. Ensure that the heat setting on styling tools never exceeds 180 degrees Celsius.

To blow dry your hair, we recommend the following steps:

- + Apply a heat protectant (before drying or styling with heat)
- + Brush through with a YL Detangler
Brush as drying
- + Allow your hair to air-dry to 25% - 50%
- + Start blast drying your hair, gently run your fingers through your mid-lengths and ends continuously
- + When your hair is 80% - 90% dry, section each row and dry thoroughly
- + Focus on the roots and finishing off with a YL Cushion Paddle Brush on the mid-lengths and ends
- + While blow drying, keep your brush away from the base of your wefts/ along the track
- + Once you have dried each section, allow your hair to cool down
- + Run your fingers through the roots of your wefts, make sure they are completely free of moisture.

Swimming

When swimming, we recommend keeping your hair tied up and out of the water. If you do choose to swim with your extensions, please be aware that this is at your own risk. If your natural hair becomes dry or damaged it can eventually repair itself, however this is not the case with extensions and extra care is needed. We do not recommend swimming in chlorine as this will damage and discolour your extensions. Below are some preventative measures you can take to minimise damage:

- + Rinse your hair with clean water before swimming - this will saturate the strands of hair so they soak up fewer minerals
- + Coat your hair with a leave-in conditioner/treatment, braid your hair or place it in a secure bun to minimise tangling while swimming
- + If your hair does become tangled apply a treatment and use a YL Detangler Brush to very gently brush out all knots.

Products

Investing in salon quality products recommended by your stylist will prolong the life of your extensions. Products that are paraben-free, sulphate-free and not highly concentrated with protein are safe to use.

- + Use oils and serums to keep hair hydrated, apply morning and night
- + Ensure to apply oils only *after* heat

styling

- + Do not use oils or serums that are yellow in colour, sun-tan lotions, self-tan or sunscreen as they can stain your hair extensions - staining is often irreversible.

Please Note:

If the professional advice given by your stylist is not followed, you may need to purchase new extensions as this will shorten their lifespan.

If you are having an MRI scan, it is a requirement to have your extensions removed in-salon as the beads are made of metal which will interfere with the MRI scan.

Yovanka Loria Extensions is not responsible for any negative reactions your hair/ hair extensions may have.

For all other enquiries visit: www.yovankaloria.com.au

Pictured: YL Cushion Paddle Brush & YL Detangler Brush available for purchase on www.yovankaloria.com.au/customer-shop.

